



HEALTH & BEAUTY

Experience a piece of the "Sweet Island life" at The Spa at Tierra del Sol. Relax your body, calm your mind & re-energize your spirit. Whether you want to de-stress and sooth yourself over a relaxing massage, indulge your already beautiful self with a manicure or hairstyling, or condition your body at our fully equipped gym, The Spa has everything to pamper yourself & watch the stress melt away.

THE SPA at Tierra del Sol

HOURS OF OPERATION

Monday

Closed

Tuesday – Sunday

9:00am – 5:00pm

CONTACT US

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Caya di Solo 10

Noord, Aruba





MASSAGES

All massage treatments include complimentary use of the sauna, steam room, Jacuzzi, and the pool club for the whole day. Please note that guest must bring their own towel.

SWEDISH MASSAGE

This popular full body massage is designed to bring you to a state of deep relaxation. The classic style relieves tension and stress, creating a heightened sense of wellbeing.

ONE GUEST 50min. \$100 / 75min. \$154

TWO GUESTS 50min. \$180 / 75min. \$254.50

**Two guests in same room at the same time.*

SPORTS MASSAGE

A deep tissue massage for those individuals with muscle pain, arthritis, or tension headaches. Experience improved mobility and flexibility as well as increased alertness and energy levels.

ONE GUEST 50min. \$117 / 75min. \$165

TWO GUESTS 50min. \$201.50 / 75min. \$280

**Two guests in same room at the same time.*

FOOT REFLEXOLOGY

This ancient Chinese technique uses pressure point massage of the feet to restore the flow of energy throughout the body.

25min. \$55 / 45min. \$85

AROMATHERAPY MASSAGE

Combine the gentle touch of a massage with the healing effect of aromatic oils to restore your energy and relieve stress. Each treatment is personalized through blending of oils, creating an experience of touch and smell in the most pleasurable way.

ONE GUEST 50min. \$117 / 75min. \$165

TWO GUESTS 50min. \$201.50 / 75min. \$280

**Two guests in same room at the same time*

HOT STONE MASSAGE

Get connected with nature with the transfer of heat from the stone in this soothing massage. This technique melts away the tension from your muscles without the need for massage pressure.

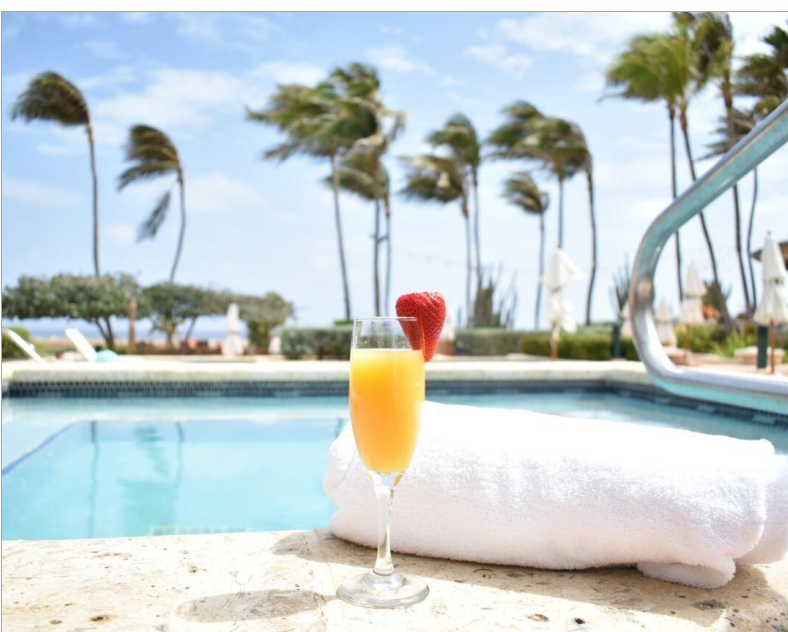
ONE GUEST 75min. \$175

TWO GUESTS 75min. \$302

**Two guests in same room at the same time*

BACK MASSAGE

Energize your muscles and brings relief.
30min. \$74



FACIALS

Classic European facial	\$122
Men's facial	\$122
Demanding Skin	\$135
Mini Facial (Express 30min.)	\$ 69
Mini Facial added to any massage	\$ 53

Upgrade your facial and make it unforgettable (30min)

Ampoule & Collagen mask	\$ 47
Eye Treatment	\$ 33
Head massage	\$ 25

SALON SERVICES

All hair salon services available & bridal party salon services available.

WAXING

Lip	\$15	Legs Half	\$40
Face	\$25	Legs Full	\$55
Brow	\$15	Arms	\$35
Bikini	\$35	Underarms	\$30
Back	\$50		

NAILS

Soothing Spa Pedicure	40 min	\$ 50
French Pedicure	45 min	\$ 60
Hydrating Manicure	30 min	\$ 30
French Manicure	35 min	\$ 40
Polish Change	15 min	\$ 20
French polish change	15 min	\$ 20
Signature pedicure + paraffin	50 min	\$ 70
Signature manicure + paraffin	45 min	\$ 50
Nail art (per nail / full)	12 / 45 min	\$ 10 / \$60
Paraffin Dip (Hands or feet)	25 min	\$ 25
Nail repair	15 min	\$ 10
Nail removal	30 min	\$ 20
Gel color	15 min	\$ 35
Gel color removal	20 min	\$10



POOL PASS

DAY

Adult \$35 p.p. with a \$20

F&B credit

Child (under 8 years) \$20 p.p. with a \$10

F&B credit

Guest must bring own towel. Children 12 years and under must be accompanied by one adult.

FITNESS CENTER PASS

Day: \$15 p.p.

Week: \$75 p.p.

Price includes use of the sauna, steam room & locker service. Guest must bring own towel. Minimum age: 16 years old.

POOL & FITNESS CENTER PASS

Day: \$25 p.p.

Week: \$99 p.p.

Price includes use of the sauna, steam room & locker service. Guest must bring own towel. Minimum age: 16 years old.



SPA ETIQUETTE

MAXIMIZING YOUR SPA EXPERIENCE

Please arrive at least 30 minutes prior to your treatment and maximize your spa experience using the steam room or sauna. Also included with your treatment is the use of the fitness center and pool facilities.

RESERVATIONS

Advanced booking is suggested to ensure your requested appointment time.

SPA APPAREL

You will be provided a robe for your day use at the spa. If you wish to enjoy the sauna or steam room, please bring swimwear.

METHODS OF PAYMENT

Major credit cards and cash are accepted.

ARRIVAL LATE OF SCHEDULED SERVICES

To avoid delaying the next guest, your treatment will end at the scheduled time regardless of when you begin.

VALUABLES

Please do not bring valuables to the spa. The Spa does not assume any liability for the loss.

CANCELLATION POLICY & MINORS

Cancel or reschedule your spa treatment 24 hours before your time to avoid being charged. The Spa strictly adheres to its cancellation policy. To hold the reservation, credit card information is required. Children under 16 years must be accompanied by an adult.

Price includes taxes. Rates may change without prior notice. Other restrictions may apply.



AN OASIS OF COMPLETE SPA PACKAGES

THE HARMONY OF NATURE – \$196

- 30 min Mini Facial
- 50 min Swedish massage
- Manicure
- Pedicure
- Use of Steam Room, Sauna, Fitness center and Pool Club. Note: guest must bring own towel.

JEWEL OF THE DESERT – \$306

- 60 min European Facial Treatment
- 30 min Full Body Exfoliation
- 50 min Swedish Massage
- Manicure
- Pedicure
- Use of Steam Room, Sauna, Fitness center and Pool Club. Note: guest must bring own towel.

GOLFER'S PAR EXCELLENCE – \$222

- 25 min Foot Reflexology
- 50 min Golfer's Therapeutic Massage (Sport)
- 50 min European Facial
- Use of Steam Room, Sauna, Fitness center and Pool Club. Note: guest must bring own towel.

STAY THE WHOLE DAY – \$180

- 50 min Swedish Massage
- 25 min Full Body Exfoliation
- Lunch
- Use of Steam Room, Sauna, Fitness center and Pool Club. Note: guest must bring own towel.

Gift certificates can be purchased for massages, spa treatments, salon services, facials, and nails. The Spa Gift Certificates can be obtained at The Spa at Tierra del Sol.